

March 2010

Mon	Tue	Wed	Thu	Fri
1	2	3	4	5
8 Try YMCA free for a week! 821 Custer Road Richardson, TX 75080 (972) 231-3424	9 Try YMCA free for a week!	10 Try YMCA free for a week!	11 Try YMCA free for a week!	12 Try YMCA free for a week!
15	16 Matt Johnson, CEO, Healthbridge "A Practical Guide to Brainhealth & Fitness" 899 Presidential Dr, # 108 Richardson, TX 75080 (972) 470-0701	17	18	19
22	23	24	25 Hoops @ the YMCA! 6-8 pm 821 Custer Road Richardson, TX 75080 (972) 231-3424	26
29	30	31		

April 2010

Mon	Tue	Wed	Thu	Fri
			1	2
5	6 Matt Johnson, CEO, Healthbridge "A Practical Guide to Brainhealth & Fitness" 899 Presidential Dr, # 108 Richardson, TX 75080 (972) 470-0701	7	8	9
12	13	14	15	16 YMCA Healthy Kid's Day (Saturday, April 17) 11-2 pm 821 Custer Road Richardson, TX 75080 (972) 231-3424
19	29	21	22	23
26	27	28	29	30

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